Student Life

Office of the Vice President for Student Affairs

University Hall, Room 231
(909) 537-5185 Student Affairs website (https://studentaffairs.csusb.edu)

The Office of the Vice President for Student Affairs provides administrative leadership within the division and the university to assist students in the attainment of their educational goals. This is accomplished through advocacy for the provision of numerous student services as well as the intentional creation of programs and environments that enhance a student’s learning, leadership potential, personal responsibility, and career development. Specific policies regarding student non-academic and discrimination-related grievances, discipline and emergency calls for students are administered by this office. A more complete statement on student privacy rights is available in the Academic Regulations and Standards (http://bulletin.csusb.edu/archive/2014-15/academic-regulations) section of the Bulletin of Courses.

Activities

The diverse interests and lifestyles of students are reflected in numerous activities sponsored by the university and the Associated Students, Inc. (ASI). These programs include dances, drama productions, choral concerts, quarterly festivals, musical concerts, guest lecturers and small group socials.

The university and ASI encourage and aid the formation of organizations which enhance the educational opportunities of students. These organizations involve students, faculty, and staff working together in professional, recreational, educational, political, service, religious and cultural activities. University-recognized groups have full use of campus facilities in planning their programs.

Alumni Association

(909) 537-3700 Alumni Association website (http://www.csusbalumni.com)

All graduates of the university are eligible to join and participate in the activities of the California State University, San Bernardino Alumni Association. Also eligible are those who earn credentials through the university and members of the senior class.

The purpose of the nonprofit association is to assist alumni in continued cultural and educational development, further the community interests of the university, establish mutually beneficial relationships between the university and its alumni, and promote the educational goals of the university. Additional information may be obtained from the Alumni Affairs Office.

Associated Students, Inc. (ASI)

(909) 537-5932 ASI website (http://asi.csusb.edu)

ASI’s mission is: “To Serve Students.” In support of this mission, ASI funds many projects, events and activities enriching campus life. For example, the ASI Box Office offers discount tickets to local area movie chains, Magic Mountain, Knott’s Berry Farm, Universal Studios, and Sea World to name just a few. ASI supports the College Legal Clinic providing free legal advice to students through a panel of attorneys. ASI annually grants funding for student research and travel so that students may pursue research projects or present papers at conferences. Other areas utilizing ASI funding support are the ASI Activities Board which puts on such events as movie nights, tailgates, the annual Mr. and Ms. CSUSB Pageant, and more; the Club Allocation Budget, which supports clubs and their programming efforts; and the Associated Students Productions, which brings major talent to campus and cosponsors entertainment events with the Coussoulis Arena. While all these activities are important, ASI’s real value lies in its ability to provide a setting in which leadership skills are developed. Every spring campus-wide elections are held to elect the President, the Executive Vice President, the Vice President for Finance, the Vice President for University Affairs, Vice President for the Palm Desert Campus, and the members of the ASI Board of Directors from amongst the student body. These student leaders set ASI policy, interact with the University’s senior management, and voice student issues and concerns to the faculty, administration and state legislators. Many of our alumni have gone on to very successful careers in education, business, medicine, law, etc., and all of them who stay in touch cite their experience at ASI as a very positive factor in their development and success. All regularly matriculated students are members of ASI.

Athletics

(909) 537-5011 Athletics website (http://csusbathletics.com)

An intercollegiate athletics program was implemented in the 1984-85 academic year. It is an NCAA, Division II program with basketball and soccer for both women and men; cross country, softball, water polo, volleyball, and tennis for women; and golf and baseball for men.

The university mascot is the Coyote and the colors are Columbia blue and black.

Career Center

(909) 537-5250 Career Center website (http://career.csusb.edu)

The mission of the Center is to support the career readiness of all students and alumni by providing advising, assessment, workshops, career events, employer networking opportunities, internships and job opportunities that result in the establishment or advancement of personalized career goals. Please visit our website for the calendar of events. The Career Center’s vision is to be the premier campus resource for all things related to career readiness by consistently updating our service offerings and making our resources available on-demand 24/7.

Services include:

• Career Counseling available by appointment or walk-in daily.
• Skills and Interests Assessments evaluated by certified staff. Resume review, job search advice, career planning, help selecting a major.
• Mock Interviews - Interview practice sessions tailored to your upcoming interview with professional review and advice.
• Workshops and Presentations - Past topics include: Resume Building, Job Search, Internship Preparation, Managing Your Social Media, Interview Practice & Preparation.
• Career Events - 48 off-campus career events, 5 on-campus career fairs annually.
• CareerLaunch - The online job database: Holds full time, part time and student employment as well as volunteer and internship opportunities; post resume, research employers, and apply for jobs.
• Internships - We manage some internship programs on campus including scholarships providing paid internships and teach students...
how to use an internship to improve skills and find permanent employment.

- Employer Engagement - With dozens of events and hundreds of employer partners, the Career Center is the single largest resource on campus designed specifically to support your career success by connecting employers to CSUSB.

**Children’s Center**

(909) 537-5928

The Children’s Center’s mission is to enable parents of young children to attend CSUSB by providing child care in a nurturing environment which supports the developing child. Services are also available for staff, faculty and community as space permits. The Center is open during the academic year (Monday through Thursday, 7:00 a.m.-8:00 p.m. and Friday, 7:00 a.m.-6:00 p.m.) and during Summer Session, (Monday through Thursday, 7:00 a.m.-6:00 p.m., closed Fridays). Ages: three years (toilet trained) to 12 years. Additional information regarding fees and availability may be obtained from the Children’s Center.

**Coussoulis Arena**

Arena Management Office, HP-121  
(909) 537-7360 Coussoulis Arena (http://arena.csusb.edu)

Coussoulis Arena is one of the largest indoor facility in the Inland Empire (nearly 5,000 seats), serving Cal State, San Bernardino with quality facilities for the kinesiology classes, Coyote athletic games and practices, student recreational sports programs and university events such as commencement. Additionally, the arena has hosted several special events including:

- Kevin Hart
- Gabriel Iglesias
- Sesame Street Live
- Ja Rule
- Sammy Hagar
- Sugar Ray and Everlast
- The Harlem Globetrotters
- Howie Mandel
- Dr. Maya Angelou
- BB King
- AFI

Students can gain firsthand knowledge and experience by working part-time in the Arena, learning about all aspects of events management from ticketing, marketing, house operations, sound, lighting and production for concerts.

**Housing and Residential Life**

Office of Housing and Residential Life

(909) 537-4155 Housing website (http://www.housing.csusb.edu)

Living on campus is one of the best and easiest ways to become involved at Cal State, San Bernardino! The "Villages at CSUSB" offers on-campus housing for students in three residential environments: Serrano Village, Arrowhead Village, and University Village. Living on campus is a significant part of the CSUSB experience for approximately 1500 students.

Serrano Village is specifically designated for first-year students (freshmen) who are interested in living on campus as part of their overall transition to college life. Each of the eight residence halls is made up of five suite areas with approximately 10 students in each suite sharing a study room and bathroom facility. With double, double and super single rooms available, students can experience the benefits of community living. Each residence hall has a main lounge, common kitchen area, laundry facility, and a sun deck. Students who live in Serrano Village are required to purchase a campus meal plan through Foundation Food Services (909) 537-5916.

Arrowhead Village is an environment available for upper class students who are interested in experiencing a more independent style of living. Arrowhead Village features single occupancy rooms, two bathrooms, and with up to four students per apartment. There are also a limited number of studio apartments. Each apartment includes a furnished living room and bedroom and is equipped with full kitchen facilities. Common area facilities within Arrowhead Village includes study rooms and lounge areas. Each building has an elevator and is accessible for individuals with disabilities. Laundry facilities are available to apartment residents in a separate facility adjacent to the apartments.

University Village is an environment for upper-class students and is considered "premier living" with private bedrooms for each resident. Most apartments are 4 bedrooms with 2 bathrooms or 2 bedrooms with 1 bathroom units. There are also a limited number of 4 bedroom and 4 bathroom apartments. Each apartment is equipped with a furnished living room and full kitchen, complete with a microwave and dishwasher. Each building has an elevator and is accessible for individuals with disabilities. Laundry facilities are located on each floor.

On-campus residents enjoy the benefits of high-speed internet access (wireless internet connection at Serrano Village) and digital cable service. The Housing and Residential Life staff is available 24 hours a day to assist students with safety and emergency needs. Residents of Serrano and Arrowhead Villages have access to the Village Square which features a large-screen TV, game tables, and lounge space. Outdoor recreation includes barbeque grills, patio seating, volleyball court, sun deck, and swimming pools. Residents of University Village have access to the Community Center which features a large screen TV, game room, fitness center, computer room, and study areas. Outdoor recreation includes barbeque grills, patio seating, sun deck, and a swimming pool. All amenities are available for residents to relax and meet with friends.

The Residence Hall Association (RHA) organizes student programs for the residents of the “Villages at CSUSB.” Each year, an executive board and the Village Council offer a variety of opportunities to help make living on campus an exciting and rewarding experience. Movie nights, hall competitions, trips, and study break activities are among the more popular programs sponsored by RHA in the past.

The Housing and Residential Life staff includes Resident Assistants, Program Coordinators and Hall Coordinators who live in the Serrano, Arrowhead, and University Villages. These undergraduate and graduate student staff members have been specifically trained to assist students with personal and academic needs. They are an important part of the overall on-campus housing operations, facilitating the community living experience and enforcing community policies and standards. The staff is supervised closely by an Area Coordinator of Residential Education (ACORE). These professionals bring extensive skills and experiences to CSUSB. Directly responsible for a specific area, each ACORE lives on campus and provides immediate support for the residents of the Villages.
Living in any of the Villages is reasonably priced when compared to the rapidly rising costs of utilities and commuting and has the advantage of priority registration, assigned parking, and being near academic and classroom buildings, the Pfau Library, and all campus activities. The Housing and Residential Life staff seeks to make financial arrangements as convenient as possible and offers multiple payment options as well as working with financial aid.

The cost to live in Serrano Village for 2014-16 academic years includes a meal plan and is projected to be $7389 per person, per quarter for a double room, $8604 per quarter for a single room, and $9144 per quarter for a super single room. Rental rates in Arrowhead Village for the 2014-16 academic years are projected to be $2307 per person, per quarter in a private, single occupancy 4-bedroom and 2-bathroom apartment; $2784 per quarter in a private studio; and $2838 per person, per quarter in a private, single occupancy 2-bedroom and 2-bathroom apartment. Rental rates in University Village for the 2014-16 academic years are projected to be $2448 per person, per quarter in a private single occupancy 4-bedroom and 2-bathroom apartment; $2751 per person, per quarter in a private single occupancy 2-bedroom and 1 bathroom apartment; $2799 per person, per quarter in a private single occupancy 4-bedroom and 4 bathroom apartment. All rates are based on the academic year of September through June; 12-month contracts are available upon request at a discounted rate. Spaces are rented on a per-bed basis rather than per-apartment which allows students to be responsible for just their bed space and not for additional rent should one or more roommates move out before the end of the contract.

On-campus housing in Serrano Village is guaranteed for first-year students who submit a completed application packet by the priority deadline of May 31 for the next academic year. Student are encouraged to apply for housing as early as possible to ensure priority in the room selection process.

Office of Ombuds Services and Gender Equity
Santos Manuel Student Union, Room 103-A
(909) 537-5635 Ombuds website (http://ombuds.csusb.edu)

The term "ombuds" is a Swedish word which refers to the people’s "representative." It is a confidential, neutral, independent and informal resource for students, faculty and staff. The service assists individuals with conflict resolution, disputes, complaints, exploring options, facilitating communication between parties in various ways, providing information on policies or procedures and making referrals to other helpful resources. The Ombuds Officer’s goal is to seek constructive and equitable outcomes on any university-related concern. The service is provided free-of-charge and works in cooperation with campus constituencies to help resolve issues.

Gender Equity relates to government legislation, Title IX—a federal law that prohibits discrimination on the basis of sex in an educational institution’s academic, educational, extracurricular and athletic activities (both on and off campus). Title IX protects all people regardless of their gender or gender identity from sexual harassment, violence, discrimination or retaliation by students, staff, faculty, Third Parties and applicants. Any acts of criminal sexual activity and incidents of sexual violence, such as sexual assault, sexual coercion and dating or domestic violence should be reported directly to University Police (909-537-5165). Subsequently, the Title IX Coordinator provides remedies to victims and oversees the investigation process. The office also educates and brings awareness to the campus community about sexual consent, harassment, prevention, policies, procedures, Executive Orders and reporting or filing complaints.

Santos Manuel Student Union (SMSU)
(909) 537-5940 SMSU website (http://studentunion.csusb.edu)

The Santos Manuel Student Union (SMSU), through its programs and facilities, is a focal point of the campus where students, faculty, staff, administration, alumni and guests develop an enduring connection to the university. As a campus center, the SMSU assists in the retention and development of students, while encouraging a deeper understanding and appreciation of cultural pluralism, gender equity and ethnic diversity by providing a variety of cultural, social, educational and recreational activities which create an environment conducive to personal growth and development. As a bridge between formal learning and life experience, co-curricular activities coordinated by the SMSU serve as a training ground for development of student leaders. Planned activities also provide students with leadership opportunities and employment which yield an agenda of events intended to promote interaction as well as relaxation, entertainment and social opportunities. As the meeting place on campus for students and their organizations, the physical facilities provide a comfortable and relaxing environment that facilitates the delivery of services important to the university community.

The SMSU includes lounge areas, study lounges, the Coyote Cafe, the Pub, Starbucks, Coyote Express convenience store, theatre, game room and a spacious lobby. Offices for the Associated Students, Inc., Ombuds Services and Gender Equity, and the Office of Student Leadership and Development are part of the facility. Services provided in the Student Union include meeting rooms for organizations, a 1,000-seat Events Center used for major events, an Automatic Teller Machine, graphics services, and Student Union scheduling.

The Osher Adult Re-Entry Center (OARC) offers support for non-traditional students by providing a variety of programming that address both the academic and social needs of mature students. The OARC provides resources and referrals for services both on campus and in the community as well as providing a place where students of various cultures, orientations and life experiences can gather for support. Committed to diversity, the OARC welcomes students from various cultures, orientations and life experiences.

The Cross Cultural Center (CCC) focuses on issues of race and ethnicity in its mission to provide a space for students from all racial and ethnic groups. Its programs, workshops, advising and support services combine to create a place for students to explore issues of identity, develop political and social consciousness, facilitate educational goals and create communities that benefit both individual students and the entire campus.

The Pride Center provides a safe, friendly environment for Lesbian, Gay, Bisexual, Transgender, Intersex, Queer, Questioning and Allied students, faculty and staff. The Pride Center provides programs and services to aid in students’ personal, educational, cultural, social, political, and professional growth and to foster a sense of community. The Pride Center is committed to providing services to LGBTQI students of all cultures, backgrounds, religions, classes, ethnicities, genders and sexual orientations. In addition the Pride Center provides a meeting place for the Lesbian, Gay, Bisexual, Transgender and Straight Alliance.

Program Board. The Student Union Program Board promotes a sense of community at Cal State, San Bernardino through exciting, entertainment-
oriented events such as movie showings, bands, karaoke and contests held in the Student Union. Student members develop leadership abilities through training sessions, hands-on event management experience, and team building opportunities. Members of the Board also develop their overall understanding of event management as it related to budgets, marketing, negotiating, creativity, statistical reports and research.

The Women’s Resource Center (WRC) provides support for students by offering a variety of programming which focus on issues that affect the lives of women, including the annual Activism Conference. The WRC is a place for women to gather, to gain support, and learn tools for social change and also helps students access both on and off campus referrals and resources. Committed to diversity, the WRC welcomes students from various cultures, orientations and life experiences.

Services to Students with Disabilities (SSD)

University Hall, Room 183
(909) 537-5238, TTY (909) 537-7230 Services to Students with Disabilities website (http://ssd.csusb.edu)

Services to Students with Disabilities offers a comprehensive and well-coordinated system of educational support services to students who have documented permanent or temporary disabilities. All students who are registered with the office are guaranteed equal opportunity to participate in all programs, services, activities and facilities.

Some of the support services available include: alternate media, sign language interpreting and real-time captioning services for the hearing impaired, test-taking accommodations, priority registration, mobility assistance, and temporary medical parking permits. The SSD office is also a resource to faculty and staff members who assist students with disabilities in meeting their educational objectives.

The SSD Office, in collaboration with the California State Department of Rehabilitation, sponsors the WorkAbility IV program. WorkAbility IV is a transition program designed to create career options and opportunities for students with disabilities who complete their degrees at CSUSB. This program also focuses on effective assistive technology appropriate to each participant’s disability and chosen field of employment.

Both prospective and new students to the university are encouraged to contact SSD early in their CSUSB programs.

SOAR (Student Orientation, Advising, & Registration)

Orientation & First-Year Experience (FYE) Programs
(909) 537-3236 SOAR website (http://soar.csusb.edu)

SOAR offers dynamic programming for freshmen, and transfer students in order to equip them with the information needed to better manage their transitions to the university. These programs prepare students for academic success, provide knowledge of university resources, encourage involvement in student activities, and help build meaningful relationships. Each SOAR program is designed to minimize anxiety and to promote positive attitudes about student success at the university. In addition, there are leadership opportunities for students to serve as SOAR Leaders and on the SOAR Planning Committee. Once classes begin, the programming doesn’t stop. There are a plethora of first-year experience programs students can partake in to enhance their university experience.

Student Clubs and Organizations

Student Leadership and Development
(909) 537-5234 Student Leadership Development website (http://studentleadership.csusb.edu)

CSUSB is home to more than 130 student clubs and organizations that offer a wide range of roles and responsibilities. Clubs and organizations provide ready-made laboratories for students to strengthen their leadership skills and opportunities to test classroom learning in a real-world setting. They create their own experiment with different roles that will help them identify their strengths, weaknesses, and preferences. Academic, cultural, religious, service, and political organizations are just a few examples of the types of clubs open to students. Membership in any student club or organization is an excellent way to enjoy all the benefits that college life has to offer, and it is one way to make the campus seem more like home. Students can learn how to lead an organization and conduct effective meetings and elections as well as develop communication and mediation skills, while improving their public speaking skills.

Fraternity and Sorority Life

Greek Life (http://studentleadership.csusb.edu/greekLife) is a great way to get involved on campus, and CSUSB is home to eighteen national fraternities and sororities. Each fraternity and sorority contributes to campus life, helps the surrounding community, and assists in the development of leadership skills for each of its members. Joining a fraternity or sorority is a lifelong commitment. It is a commitment to sisterhood or brotherhood, to high standards of scholarship and moral conduct, and it is a commitment to yourself to strive for ideals created by the founders of each organization, most of which were created over 100 years ago. Greek organizations are rich with tradition, and members are often known for their involvement in philanthropic endeavors (also known as community service). In addition to the fraternities and sororities on campus, governing councils and Greek Honor Societies exist to foster relationships between the organizations and to set high scholarship standards.

Leadership Education

The Leadership Academy (http://studentleadership.csusb.edu/LeadershipAcademy) is a comprehensive certificate program that offers skill-building workshops focusing on Individual Development, Organizations and Community, and Diversity Awareness. The Academy includes a personal assessment of the students’ leadership potential and a strong focus on personal reflection as a tool for growth and development. Participants work closely with high-caliber faculty, staff, alumni, and community members to complete the certificate program, which will be awarded at a special recognition program. Leadership Academy participants often describe the Academy as a life-changing experience, increasing their self-esteem and personal effectiveness. Many students successfully land jobs after graduation and credit the Leadership Academy with their success.

Student Conduct and Ethical Development (SCED)

(909) 537-7172 Student Conduct and Ethical Development website (http://studentconduct.csusb.edu)

The Office of Student Conduct and Ethical Development is committed to fostering student growth, development, and the utilization of the educational disciplinary process as a vehicle in re-directing student
behaviors towards their ultimate success, retention, and implementing appropriate educational sanctions and consequences when necessary. Students are a reflection of the life-long Coyote legacy in and out of the classroom, their community, workplace, and the world. Being a part of the Coyote community includes responsibilities for students to safeguard the academic mission of the institution, abide by federal, state, and local laws, and uphold the Standards for Student Conduct, University policies, and regulations to maintain a campus decorum that supports the promulgation of civility, integrity, and a safe living-learning environment.

All academic dishonesty and behavioral complaints, questions, or concerns shall be directed to the Office of Student Conduct and Ethical Development at (909) 537-7172 or student-conduct@csusb.edu. The office continues to establish partnerships with campus units and student involvement to promote proactive educational initiatives, programs, and opportunities. Office staff is also available as a resource for consultation, and to provide educational workshops or presentations upon request. Copies of the Standards for Student Conduct and the Student Conduct Procedures are available in the Office of the Vice President for Student Affairs in University Hall, room 231.

Student Health and Psychological Counseling Center

*Accredited by the American Association of Ambulatory Health Care*
*Accredited by the International Association of Counseling Services*

Student Health Center
(909) 537-5241 Student Health Center website (http://healthcenter.csusb.edu)

The Student Health Center assists students in maintaining good health to successfully participate in the educational program of the campus, providing, on an outpatient basis, medical care typically provided by a primary care physician. Services available during posted hours include treatment of illnesses, injuries, contraceptive care, family planning, and immunization programs. Referrals to community health facilities are made for major illnesses or injuries beyond the scope of the Student Health Center. Any outside care, whether referred by the Health Center or not, is at the student's expense. Medication and elective health services (such as pre-employment physical examinations) are available at a nominal cost. The Center has its own licensed pharmacy where students may get prescriptions filled and purchase over-the-counter items as well. Charges associated with these services are usually dramatically lower than those found elsewhere.

All regularly enrolled students are eligible for services. Students in the extended learning program and those on staff fee waiver are not eligible. A supplementary insurance plan is available to all regularly enrolled students through a private insurance company. This plan provides health insurance coverage for serious illnesses and accidents that may require hospitalization. For more information or to purchase this insurance, contact the Student Health Center.

The Center is closed on official university holidays. Office hours are Monday, Tuesday, Thursday 8 a.m.-5 p.m., Wednesday 8 a.m.-6 p.m. and Friday, 9 am-5 pm.

In case of an on campus emergency, contact the Department of Public Safety by dialing 911.

Immunization Requirements. All new students and students applying for re-admission born after January 1, 1957 must present proof of measles and rubella immunizations. Hepatitis B vaccine series is required of first time enrollees under the age of 19. However, students may be exempt if they have graduated from a California Public School during or after 2005. Meningitis (Menactra) vaccine is recommended for students living in the dorms.

The Student Health Center provides clearances for the registration immunization requirements for the Measles and Rubella immunization and the Hepatitis B series. These immunization requirements must be fulfilled in advance of or during the first quarter of attendance at CSUSB. These are both offered at the Student Health Center as well as the Menactra vaccine.

Students may fulfill these requirements by bringing, faxing (909) 537-7027, or mailing documentation to the Health Center. The Student ID # and date of birth must be on all documents. For those students unable to obtain acceptable proof of immunizations, the Student Health Center will provide the immunizations to all currently enrolled students. For specific information about required immunizations call the Immunization hotline at (909) 537-7356, visit at Student Health Center website (http://healthcenter.csusb.edu), or call the Health Center at (909) 537-5241.

Student Health Advisory Committee. Students can offer important feedback about services through membership on the Student Health Advisory Committee (SHAC) sponsored by the Associated Students, Inc. Members work with clinic staff on a variety of health education projects, and also act as a liaison between the CSUSB student body and the Student Health Center.

Psychological Counseling Center (PCC)

Health Center Building, Room 162
(909) 537-5040 Psychological Counseling Center website (http://psychcounseling.csusb.edu)

The Psychological Counseling Center is available to currently enrolled students for assistance with personal issues that may interfere with their efforts to achieve education or life goals, including adjustment to campus life, parenting skills, addictions, relationship or life style issues, mood and anxiety disorders, or any other issue of concern. Couples may be seen as long as one member of the couple is a currently eligible student. An initial session includes assessment of presenting concerns and recommendations for further counseling at the PCC or referral to a community resource. The PCC is staffed by Licensed Clinical Psychologists, Licensed Marriage and Family Therapists, and supervised graduate and post-graduate interns. Fees for the Center services are covered by the health fee paid at the time of enrollment. Although the demand for counseling services is considerable, appointments are usually made within 2 weeks of the student's initial contact. In case of emergency, students are seen with minimum delay and can be seen on a walk-in basis. To schedule an assessment, call (909) 537-5040. Open Monday through Friday, call for hours.

Student Recreation and Fitness Center

(909) 537-BFIT Recreational Sports website (http://recsports.csusb.edu)

The Student Recreation and Fitness Center offers an exciting array of programs in the areas of fitness, wellness, intramural and club sports, aquatics, leadership and communication, outdoor adventure and informal recreation. This new 38,000 square foot complex, located at the south end of campus, houses a 34' climbing wall, 8,800 square foot fitness room, multi-purpose athletic court, locker rooms and two group activity rooms for aerobics, dance and martial arts classes. The Recreational Sports department is dedicated to providing a variety of safe and
enjoyable programs and facilities to meet the diverse needs of the CSUSB community by creating a healthy social environment, enriching the quality of life and enhancing the educational experience. All enrolled CSUSB students, staff, faculty and Alumni Association members regardless of age, gender, experience and ability are welcomed.

**Fitness/Wellness/Group Exercise**

The Student Recreation and Fitness Center offers one-on-one training, buddy training, personal training development courses, and fitness assessments as a complement to our state of the art fitness room. The Group Exercise program offers over 40 classes per week. All programs are designed to enhance the participant’s experience and facilitate healthy living habits. Equipment and services include:

- Treadmills
- Elliptical Trainers
- Recumbent/Upright Bike
- Steppers
- Weight Trainers
- Functional Training Equipment
- Free Weights
- Plate Loaded Equipment
- Heavy/Speed Bags
- Fitness Assessments
- Cardio Classes
- Cycling Classes
- Dance Classes
- Instructional Classes
- Mind/Body Classes
- Sculpt Classes

**Informal Recreation**

The hours of the Student Recreation and Fitness Center are designed to meet the demands of the busy lives of our participants with several opportunities from the early opening hours until the late evening. When there is not organized play in the gymnasium or group exercise rooms, drop-in use is allowed. Members can meet up with friends to shoot hoops, practice their hip-hop, or martial arts skills. Informal recreation hours will be posted outside of each of the three available rooms.

**Climbing Wall**

As the centerpiece of the Student Recreation and Fitness Center, a 34’ climbing wall offers opportunities for beginner and intermediate classes, open climbing, and social events. All equipment is provided and a safety orientation and skills test are offered to our participants.

**Outdoor Trips**

The unique location of the campus within close proximity to the Pacific coastline, the wilderness of Baja, the peaks of the Sierra Nevada Mountains, and the High Desert allows for a wide range of activities. Participants on outings will learn how to safely explore the great outdoors, develop an appreciation and understanding of their natural surroundings, experience personal growth, leadership development, learn teamwork and healthy communication skills, and of course, have fun. Activities include:

- Intramural Sports
- Project UPBEAT (University Preparation by Early Academic Training)

The Intramural Sports program offers a variety of sport leagues and tournaments for all skill levels and interests. Opportunities are available for participants who just want to learn a new sport or for the very competitive players who want to own on-campus bragging rights. Intramural sports leagues are designed for players to enjoy themselves in a safe environment. Sports include:

- Basketball
- Flag Football
- Soccer
- Dodgeball
- Softball
- Volleyball

**Sport Clubs**

The Sport Club program promotes student participation in a wide range of competitive sports. Each sport club is managed and run by student leaders. Sport Club participants not only enjoy the rewards of competition, but also gain skills in collaboration, leadership, problem-solving, and financial management. Current clubs include:

- Mixed Martial Arts
- Coyote Running
- Women’s Soccer
- Table Tennis
- Men’s Soccer
- ‘Yote Volleyball

**Aquatics**

The swimming pool is located behind the Physical Education building. Hours vary and can be found on the Recreational Sports webpage. Services include:

- Lap Swimming
- Certification and Training
- Learn To Swim Instructional Classes
- Aerobics

**Leadership Challenge Center**

The state-of-the-art Leadership Challenge Center provides unique team-building and leadership development programs for CSUSB students, departments, clubs, and teams.

Our programs are designed to help teach people how to appropriately build trust in others, increase individual interpersonal skills, social skills, and physical abilities. The Leadership Challenge Center consists of the 50-foot-high-structure, but also other challenge sections built lower to the ground. A team elements section allows teams of two to eight people to work together and support each other in problem solving, as well as an individual/partner portion that emphasizes support and goal setting. The center’s programs provide a safe environment that allows participants to step outside their comfort zone, take a risk, learn, and grow.

**Project UPBEAT (University Preparation by Early Academic Training)**

The Student Academic Services Outreach Program is designed to motivate and enhance student awareness about seeking a postsecondary education. The program targets middle school students through Project
UPBEAT (University Preparation By Early Academic Training). Project UPBEAT’s objective is to provide an educational, college-oriented program to students and parents. Primary emphasis of the program is to increase the number of students pursuing a college education. Project UPBEAT participants are likely to be regularly admissible to four year universities upon high school graduation. Students are invited to the campus for tours, CSUSB faculty presentations and special events. Project UPBEAT serves participating middle schools throughout the Inland Empire. For more information, contact the Office of Admissions and Student Recruitment at (909) 537-5188, or visit Admissions website (http://admissions.csusb.edu)

University Police

911 for emergencies
(909) 537-5165 or (909) 537-7777 for police business

The University Police Department is a duly authorized law enforcement agency. The mission of the department is the protection of life and property on campus. The department provides professional service to the university community through diligent crime prevention, disaster preparedness, law enforcement, and campus-oriented problem solving. The department’s motto is “Campus Safety Through Service.”

All university police officers are fully trained California state peace officers with law enforcement authority throughout the State of California. The officers provide a full range of service, including law enforcement, crime reporting and investigation, crime prevention training, motorist assistance, traffic enforcement, accident investigation, lost and found property, disaster preparedness, escorts, and medical and fire emergency coordination and response. University Police operates 24 hours per day, 7 days per week, and can be reached by dialing 911 for emergencies and (909) 537-5165 or (909) 537-7777 for all other requests.

A complete “Campus Safety Report” is available through the home university web page CSUSB website (http://www.csusb.edu), in a pamphlet from University Police or from Human Resources. Additional information is available on the university web page under University Police.

Veterans Success Center

(909) 537-5195 Veterans Success Center website (http://veterans.csusb.edu)

CSUSB’s Veterans Success Center (VSC) opened its doors on May 25, 2012. The center’s mission is to provide support services focused on the special needs and requirements of today’s military veterans, service members, and dependents to assist them in transitioning to the university environment and achieve their academic and personal development goals. The VSC is a 1,200 square foot facility, which houses a computer lab where student veterans, military members, ROTC cadets, and dependents can work on assignments and a group room for students to congregate between classes and hold study groups. The center offers dynamic programs that are comprehensive in scope and sensitive to the unique needs of service members. Services include, new student veterans’ orientation, monthly seminar series, a weekly mental health support group, STEM tutoring, advocacy, and referral services, and crafts.