Student Life

Office of the Vice President for Student Affairs

University Hall, Room 231
(909) 537-5185 Student Affairs website (https://studentaffairs.csusb.edu)

The Office of the Vice President for Student Affairs provides administrative leadership within the division and the university to assist students in the attainment of their educational goals. This is accomplished through advocacy for the provision of numerous student services as well as the intentional creation of programs and environments that enhance a student's learning, leadership potential, personal responsibility, and career development. Specific policies regarding student non-academic and discrimination-related grievances, discipline, and emergency calls for students are administered by this office. A more complete statement on student privacy rights is available in the Academic Regulations and Standards (http://bulletin.csusb.edu/academic-regulations) section of the Bulletin of Courses.

Activities

The diverse interests and lifestyles of students are reflected in numerous activities sponsored by the university and the Associated Students Inc. (ASI). These programs include dances, drama productions, choral concerts, quarterly festivals, musical concerts, guest lecturers, and small group socials.

The university and ASI encourage and aid the formation of organizations, which enhance the educational opportunities of students. These organizations involve students, faculty, and staff working together in professional, recreational, educational, political, service, religious, and cultural activities. University-recognized groups have full use of campus facilities in planning their programs.

Alumni Association

(909) 537-3700 Alumni Association website (https://www.csusb.edu/alumni)

All graduates of the university are eligible to join and participate in the activities of the California State University, San Bernardino Alumni Association. Also eligible are those who earn credentials through the university.

The purpose of the nonprofit association is to assist alumni in continued cultural and educational development, further the community interests of the university, establish mutually beneficial relationships between the university and its alumni, and promote the educational goals of the university. Additional information may be obtained from the Alumni Relations Office.

Associated Students Inc. (ASI)

(909) 537-5932 ASI website (https://www.csusb.edu/asi)

We are the recognized voice of the student body, and we represent the interests, needs, and concerns of our students to the campus leadership. We advocate on behalf of the students through the committees on which we serve, the programs and services we support, and student representation at the local, state, and federal levels. Our student leaders have been instrumental in advocating for student-centered policies, nurturing campus and community support, and hosting artists and speakers such as Khalid, Kevin Hart, and Dolores Huerta.

In addition to our representation, we offer the following services:

- **CAB Funding**: The Club Allocation Budget offers funding to chartered campus clubs and organizations for on-campus events. For more information about the process in applying, contact the Vice-President of Finance at asi-finance@csusb.edu or (909) 537-3936.
- **Graphic Design**: The ASI Graphic Design team is made up of talented students who are skilled in providing thoughtful design solutions. Our team offers design services at no cost for chartered student organizations. For more information, call (909) 537-7723.
- **Box Office**: ASI Box Office offers discounted tickets to major theme parks, movie theaters, and other special events for students. The Box Office is located to the right of the ASI Office. For more information, call (909) 537-3936.
- **College Legal Clinic**: The CLC provides free consultations and attorney referrals for CSUSB students. This service is made up of a panel of attorneys specializing in various areas of law including: family, criminal, real estate, bankruptcy, and immigration. For more information or to make an appointment, call (909) 537-5936.
- **Programming**: ASI hosts events to engage students in curricular and co-curricular activities that foster a sense of community and campus pride. For information about upcoming events or to submit event ideas, contact asi-programs@csusb.edu.
- **Scholarships**: As a commitment to academic success, ASI offers scholarships through its general fund as well as to the Athletic and Presidental Academic Scholars programs.

Athletics

(909) 537-5011 Athletics website (http://www.csusbathletics.com)

CSUSB Athletics began in the fall of 1984 and sponsors 10 athletic programs. It is an National Collegiate Athletic Association (NCAA) Division II program with basketball and soccer for both women and men; cross country, softball, track and field, and volleyball for women; and baseball and golf for men.

The university mascot is the Coyote, and the colors are blue, black, and white.

Career Center

(909) 537-5250 Career Center website (https://www.csusb.edu/career-center)

The mission of the Career Center is to support the career readiness of all students and alumni by providing counseling, assessment, workshops, career events, employer networking opportunities, internships, and job opportunities that result in the establishment or advancement of personalized career goals.

Services include:

- **On-Campus Recruitment**: The Career Center hosts more than 300 employers every year. Visits include job fairs, networking, on-campus interviews, workshops, and informational sessions.
- **Handshake**: A free online platform for CSUSB students and alumni that allows users to schedule appointments for career counseling, view and apply for jobs/internships, and access to career development resources.
• Career Counseling: Counselors are available to assist you with choosing, changing your major, career exploration, identifying internships, writing a résumé or cover letter, mock interviews, conducting a job search, and graduate school preparation.

• Hispanic Association of Colleges and University (HACU) Conference: The Career Center hosts a two-day preconference to prepare students for the annual event and HACU’s award programs.

• Internships: We offer two internship awards. Career Center Internship Award and Stand Up for San Bernardino for the academic year, including resources to find on- and off-campus internships year round.

• Clothing Closet: The Career Center hosts a clothing closet that provides donated professional attire to students at no cost.

Children’s Center
(909) 537-5928 Children’s Center website (https://www.csusb.edu/childrens-center)

The Children’s Center’s mission is to enable parents of young children to attend CSUSB by providing child care in a nurturing environment which supports the developing child. Services are also available for staff, faculty and community as space permits. The Center is open during the academic year (Monday through Thursday, 7:00 a.m.-8:00 p.m., and Friday, 7:00 a.m.-6:00 p.m.) and during Summer Session (Monday through Thursday, 7:00 a.m.-6:00 p.m., closed Fridays). Ages: 3 years (toilet trained) to 12 years. The school-age program only runs during the summer quarter. Additional information regarding fees and availability may be obtained from the Children’s Center.

Counseling and Psychological Services (CAPS)

Accredited by the International Association of Counseling Services
Accredited by the American Association of Ambulatory Health Care

Student Health Center Building, West Entrance
(909) 537-5040 Counseling and Psychological Services website (https://www.csusb.edu/caps)

Support from Counseling and Psychological Services is available to currently enrolled students for assistance with personal issues that may interfere with their efforts to achieve education or life goals, including adjustment to campus life, parenting skills, addictions, relationship or life style issues, mood and anxiety disorders, or any other issue of concern. Couples may be seen as long as one member of the couple is a currently eligible student. An initial session includes assessment of presenting concerns and recommendations for further counseling at the CAPS or referral to a community resource. CAPS is staffed by Licensed Clinical Psychologists, Licensed Marriage and Family Therapists, and supervised graduate and post-graduate interns. Fees for CAPS’ services are covered by the health fee paid at the time of enrollment. Although the demand for counseling services is considerable, appointments are usually made within two weeks of the student’s initial contact. In case of emergency, students are seen with minimum delay and can be seen on a walk-in basis. To schedule an assessment, call (909) 537-5040. Open Monday through Friday, call for hours.

Community Engagement
(909) 537-7483
Director, Diane Podolske

Office of Community Engagement

Faculty Office Building 228, (909) 537-7483. OCE facilitates service learning, community-based research and volunteer service by engaging students, faculty and community partners in collaborative partnerships that serve the public good. We lead the university-wide culture of community engagement as a high impact practice that contributes to student success.

The Obershaw DEN - Delivering Emergency Nourishment for CSUSB Students (http://cup.csusb.edu/TheDENFoodPantry.htm)

Faculty Office Building 237, (909) 537-FOOD, leaveyourpawprint@csusb.edu. The Obershaw DEN assists currently enrolled CSUSB students who face food insecurity, including undergraduate, credential, graduate, and doctoral students. Weekly bags of food, hygiene items and referrals to community resources are available at The Obershaw DEN, and daily packs of food are available at various offices throughout the campus. There is no need to go hungry - please contact us!

Coussoulis Arena

Special Events, CO-107
(909) 537-7360

Coussoulis Arena is one of the largest indoor facility in the Inland Empire (nearly 4,000 seats), serving Cal State, San Bernardino with quality facilities for the kinesiology classes, Coyote athletic games and practices, student recreational sports programs and university events such as commencement. Additionally, the arena has hosted several special events including:

• Kevin Hart
• Gabriel Iglesias
• Sesame Street Live
• Ja Rule
• Sammy Hagar
• Sugar Ray and Everlast
• The Harlem Globetrotters
• Howie Mandel
• Dr. Maya Angelou
• BB King
• AFI

Students can gain firsthand knowledge and experience by working part-time in the Arena, learning about all aspects of events management from ticketing, marketing, house operations, sound, lighting and production for concerts.

Department of Housing and Residential Education (DHRE)

(909) 537-4155 Housing website (https://www.csusb.edu/housing)

Living on campus is one of the best ways to become involved and succeed academically at CSUSB! There are numerous benefits to living on campus including convenience, opportunities to develop life-long
Four distinct residential Villages at CSUSB comprise on-campus housing for students: Arrowhead Village, Coyote Village, Serrano Village, and University Village.

**Coyote Village (CV)** is the newest addition to CSUSB’s Residential Villages. Housing around 407 first-year students, this new, ultra-modern facility features a community center with gaming, a community kitchen, Wi-Fi, classrooms, study areas, and so much more! Students living in Coyote Village will experience a traditional residential setting compromised of double rooms, a study room, and community restrooms on each floor. Coyote Village will also be home for two Faculty-in-Residence as well as the Honors Living Learning Community.

**Serrano Village (SV)** is CSUSB’s historical housing, designed for first-year students who are interested in living on campus as part of their overall transition to college life. Serrano Village offers students traditional-style double and single rooms with community restrooms. Each residence hall has a lobby area with a TV, a common kitchen area, a study room, and a laundry facility.

**Arrowhead Village (AV)** offers upper class Coyotes a more independent style of living. AV offers studios (limited number), two bedroom two bathroom apartments, and four bedroom two bathroom apartments. Each apartment includes a furnished living room (with the exception of studios), furnished bedroom, and a full kitchen. AV also includes study rooms and lounge areas for its residents. Each building is accessible for individuals with disabilities and are equipped with an elevator. Laundry facilities are available to apartment residents in a separate facility adjacent to the apartments. Arrowhead Village is also home to two Faculty-in-Residence.

**University Village (UV)** is considered CSUSB’s premier living community for upper-class students. University Village offers four bedroom two-bathroom apartments or two bedroom one-bathroom apartments. There are also a limited number of four-bedroom and four-bathroom apartments. Each apartment is equipped with a furnished living room and full kitchen, in addition of a microwave and dishwasher. Each building has an elevator and is accessible for individuals with disabilities. Laundry facilities are also located on each floor. University Village is also home to two Faculty-in-Residence.

Students living on campus enjoy the benefits of high-speed internet access and digital cable service. The Housing and Residential Education team is available 24 hours a day to assist students with safety, community, and emergency needs. Residents of The Villages at CSUSB have access to the Village Square, which features a large-screen TV, game tables, an ice machine, two hydration stations, and lounge space. Outdoor recreation includes barbecue grills, patio seating, volleyball court, sun deck, and swimming pools. Residents also have access to the Community Center, which features a large screen TV, game room, fitness center, computer room, conference rooms, and study areas. Outdoor recreation in University Village includes barbecue grills, patio seating, sun deck, and a swimming pool. All amenities are available for residents to relax and meet with friends.

Residents of The Villages also have various leadership and volunteer experiences including being a part of our Residence Hall Association (RHA) and Village Council. The Residence Hall Association is an elected student leadership body composed of students who live on campus and represent the interests of campus residents. They organize activities for students of the Villages at CSUSB. Village Council is the student voice of residents for each village. They work to address important issues in the community as well as providing positive events for students. Each year, an executive board and Village Council offer a variety of opportunities to help make living on campus an exciting and rewarding experience. Movie nights, hall competitions, pancake breakfasts, trips, and study break activities are among the many popular programs sponsored by RHA annually.

The Residential Education team includes Resident Assistants, Academic Mentors, Program Coordinators, and Hall Coordinators who live in Serrano, Arrowhead, and University Village. These undergraduate and graduate student staff members have been trained to assist students with personal, community, and academic needs. They are an important part of the overall campus housing experience, facilitating the community living experience and upholding community standards.

Each Village is led by an Area Coordinator of Residential Education, or ACORE. Directly responsible for a specific area, each ACORE lives on campus and provides immediate support for the residents of each Village. These trained professionals bring extensive skills and experiences to CSUSB.

Living in the Villages at CSUSB is very reasonably priced when compared to the rising costs of utilities and gasoline utilized for commuting. Living on campus means you do not pay for internet, cable, water, or utilities. Students living on campus also have the advantage of priority registration and reserved parking near their residence hall. Residents are also just a short walk from the Pfau Library, the Santos Manuel Student Union, and many more campus resources.

The proposed rates for the 2018-19 academic year can be found by visiting the DHRE website at www.csusb.edu/housing. All rates are based on the academic year, September through June. Spaces are assigned on a per-bed basis rather than per-apartment, which means students are responsible for their bed space and not for additional rent should one or more roommates move out before the end of the contract. The DHRE team seeks to make financial arrangements as convenient as possible for students and partners with the Office of Financial Aid and Scholarships. Students are encouraged to apply for housing as early as possible to ensure priority in the room selection process.

**Office of Ombuds Services**

PL-268

(909) 537-5635 Ombuds website (http://ombuds.csusb.edu)

The term “Ombuds” is a Swedish word which refers to the people’s representative. The office of Ombuds Services is a confidential, independent, impartial, and informal resource for students, faculty, and staff. Services include assisting with conflict resolution, disputes, and complaints, exploring options, facilitating communication between parties in various ways, providing information on policies or procedures and making referrals to other resources which may be helpful. The Ombuds Officer’s goal is to seek constructive and equitable outcomes for any university related concern. The service is provided free of charge and works in cooperation with campus constituencies to help resolve issues.
Orientation and First Year Experience (OFYE)

(909) 537-5233  Orientation (https://www.csusb.edu/orientation) website (http://orientation.csusb.edu/SOAR)

The Orientation and First Year Experience (OFYE) Office is responsible for developing and implementing welcome and transition programming for newly admitted freshmen and transfer students and their family members. Orientation offers dynamic programming for freshmen and transfer students in order to equip them with the information needed to better manage their transitions to the university and help set them up for student success here at CSUSB. These transition programs prepare students for academic success, provide knowledge of university resources, encourage involvement in student activities, and help build meaningful relationships. Each orientation program is designed to minimize anxiety and to promote positive attitudes about student success at the university. In addition, the OFYE Office coordinates the Ask Me Campaign, New Student Convocation, and the Re-Connect programs.

In addition, the OFYE Office assists in the transition of parent and family members by offering parent and family orientation programs. This program provides information for parents and families to best support their students throughout their college experience.

There are also great leadership opportunities for students available with OFYE to serve as student Orientation Leaders and help with a new student’s transition into the Coyote family. OFYE recruits and trains about 50-60 students to be Orientation Leaders. Applications are available in fall quarter and training is in spring quarter with the majority of work happening during the summer. Once classes begin, the programming doesn’t stop. There are a number of first-year experience programs students can partake in to enhance their university experience.

Santos Manuel Student Union (SMSU)

(909) 537-5940  SMSU website (https://www.csusb.edu/smsu)

The Santos Manuel Student Union (SMSU) is a safe space for all Coyotes to gather, relax, grab a bite to eat, study, and get active in the student community.

The SMSU Resource Centers and departments are:

- **Interfaith Center** is a welcoming space for students of all faiths that provides space for students to study, host meetings, and relax between classes.
- **Marketing Department** offers a wide variety of graphic design and photo/video services to various on-campus and off-campus entities.
- **Operations** keep everything in the SMSU running at the highest degree of excellence.
- **Osher Adult Re-Entry Center** focuses on the unique lifestyles of non-traditional students who are returning to or entering school.
- **Program Board** promotes a sense of community at CSUSB through free, exciting, and entertaining events. Sign-up to be a volunteer in SU-206 today!
- **Queer and Transgender Resource Center** is an inclusive environment for all university community members, including lesbian, gay, bisexual, transgender, queer, questioning, and intersex students and their allies.
- **Rancho Mirage Student Center** is the social hot-spot for the Palm Desert campus (PDC), providing services, facilities, educational and social programs to enhance the quality of university life.
- **Scheduling Services** offers everything you need to host your small or large-scale event at an affordable price.
- **Women’s Resource Center** offers a variety of programming which focuses on issues which affect the lives of women.

All of our centers have welcoming environments and provide resources free to our students, including snacks, beverages, school supplies, and personal care items. They also host events that tailor to your specific student needs and interests.

We also have a **Starbucks**, a fully-operational SMSU Theater for movie showings and live performances, a state-of-the-art Events Center where large scale events are hosted, and a **Gamer’s Lounge** where you can play video games, pool, and board games.

Whether you’re taking a break in between classes or just want a great place at CSUSB to hang out, the SMSU is here for you!

**Services to Students with Disabilities (SSD)**

University Hall, Room 183
(909) 537-5238, TTY (909) 537-7230
Fax: (909) 537-7090, Email: ssd@csusb.edu
Services to Students with Disabilities website (https://www.csusb.edu/ssd)

The Office of Services to Students with Disabilities (SSD) strives to empower students with disabilities by fostering skills, such as self-advocacy, resourcefulness, and independence. The SSD office works collaboratively with the campus community to remove barriers, promoting an enriched learning environment where students with disabilities can utilize their skills and pursue their academic and personal development goals.

SSD provides academic accommodations to students who have a documented permanent or temporary disability. All students who are registered with the office are provided with an equal opportunity to participate in programs, services, and activities.

Some of the support services available include but not limited to alternate media, notetaking, smartpens, sign language interpreting and real-time captioning for the deaf and hard-of-hearing, test-taking accommodations, priority registration, mobility assistance, line pass, and temporary medical
opportunities of member campuses. NSE features a tuition reciprocity well as access to internships, research options, and service learning exchange among university honors and residential life programs, as enhance the student’s undergraduate education. NSE options include benefits include academic, cultural and personal experiences that will and provides access to a wide array of courses and programs. Program diverse university settings across the US, US territories, and Canada.

Both prospective and new students to the university are encouraged to contact SSD early in their CSUSB academic program.

Student Clubs and Organizations

Office of Student Engagement
Santos Manuel Student Union, Room 203
(909) 537-5234 Office of Student Engagement website (https://www.csusb.edu/student-engagement)

Student Clubs and Organizations
CSUSB is home to more than 160 student clubs and organizations that offer a wide range of roles and responsibilities. Clubs and organizations provide ready-made laboratories for students to strengthen their leadership skills and opportunities to test classroom learning in a real-world setting. They create their very own experiment with different roles, which help identify strengths, weaknesses, and preferences. Academic, cultural, faith based, service, and special interest organizations are just a few examples of the types of clubs available to students. Membership in a club or organization is an excellent way to enjoy all the benefits that college life has to offer and to help students find their community. Students will learn how to lead an organization, manage effective meetings, and conduct elections, as well as develop communication, mediation, and public-speaking skills.

Fraternity and Sorority Life

Greek Life is a great way to get involved on campus. CSUSB is home to 22 national fraternities and sororities. The fraternity and sorority community at California State University, San Bernardino has had a long rich history dating back to 1986. Since that time they have had a continued and active presence on campus. The University is supportive of the goals and ideals of the fraternity and sorority community, which complement the mission of the institution. These ideals include academic achievement, personal development, leadership, campus involvement, community service and civic responsibility, and responsible social conduct. In addition to the fraternities and sororities on campus, governing councils and Greek Honor Societies exist to foster relationships between the organizations and set high scholarship standards.

National Student Exchange Program

National Student Exchange (NSE) offers study opportunities at over 200 diverse university settings across the US, US territories, and Canada and provides access to a wide array of courses and programs. Program benefits include academic, cultural and personal experiences that will enhance the student’s undergraduate education. NSE options include exchange among university honors and residential life programs, as well as access to internships, research options, and service learning opportunities of member campuses. NSE features a tuition reciprocity system that allows students to attend their host institution by paying either the in-state tuition/fees of their host institution or the normal tuition/fees here at Cal State San Bernardino. NSE students can exchange for a single term or a full academic year. Course work completed while on exchange at the host campus is brought back to the home institution and credited to the student's degree program.

Campus Activities

- Club Fair
- Commuter Cafe
- Commuter Coyote Welcome
- Fallfest
- Fraternity / Sorority Informationals
- Greek Week
- Leadership Symposium
- Social Justice Summit

Involvement Opportunities

- Clubs and Organizations
- Commuter / Transfer Student Engagement
- Fraternities & Sororities
- Leadership Programs
- National Student Exchange

Student Conduct and Ethical Development (SCED)

University Hall, Room 346
(909) 537-7172, Email: student-conduct@csusb.edu
Student Conduct and Ethical Development website (https://www.csusb.edu/student-affairs/student-conduct)

The Office of Student Conduct and Ethical Development is responsible for upholding the Standards for Student Conduct and educating students on their social and ethical responsibilities as members of our University community. Student Conduct Administrators facilitate educational conversations, experiences, and programs that promote student success, enhance learning experiences, and seek to engage students in intentional ways with their communities. The staff comprising the Office of Student Conduct and Ethical Development are committed to ensuring students have safe and healthy living and learning environments in which they are able to engage in campus life, interact with people who have a variety of beliefs and lived experiences, and participate in activities that encourage growth and curiosity, as well as scholarly and creative activity. Being a part of the Coyote community includes responsibilities for students to safeguard the academic mission of the institution; abide by federal, state, and local laws; and uphold the Standards for Student Conduct. University policies, and regulations to maintain a culture of integrity both in and out of the classroom.

The Office of Student Conduct and Ethical Development responds to a variety of behavioral concerns, including academic dishonesty and behavioral complaints. Program staff are also available as a resource for consultation and to provide educational workshops or presentations upon request.

Copies of the Standards for Student Conduct and Student Conduct Procedures are available online (https://www.csusb.edu/student-affairs/
student-conduct) or via the Office of Student Conduct and Ethical Development, University Hall, Room 346.

**Student Health Center (SHC)**

**Accredited by the American Association of Ambulatory Health Care**

(909) 537-5241 Student Health Center website (https://www.csusb.edu/student-health-center)

The mission of the Student Health Center is to provide compassionate, accessible and cost effective clinical and preventative health services for the student community to assist students with their academic and professional success. We are staffed with Doctors, Physician Assistants, Nurse Practitioners, Nurses, and Medical Assistants. Our medical services include: primary care, immunizations, and health education. The SHC is also conveniently equipped with a pharmacy and laboratory. For major illnesses, injuries requiring a specialist or hospitalization, or services that are considered beyond the scope of the Student Health Center, students are referred to a local community health facility. It will be the student’s responsibility to pay the costs associated with the referral to the outside provider. Though not a condition of enrollment, it is important to carry health insurance.

All regularly enrolled students are eligible for services. Students in the Extended Learning program and those on staff fee waiver are not eligible.

Office hours are:

Monday and Thursday: 8:00 a.m. - 5:00 p.m. · Tuesday and Wednesday: 8:00 a.m. - 6:00 p.m. · Friday: 9:00 a.m. - 5:00 p.m.

The Student Health Center is closed on official university holidays. Summer hours may vary.

**In case of an on-campus emergency**, dial 911.

**Immunization Requirements**: Immunization requirements must be fulfilled in advance of the first quarter of attendance or prior to registering for their second quarter at CSUSB. Students may fulfill these requirements by bringing, faxing (909) 537-7027, or mailing immunization records to the Student Health Center. The Student ID number and date of birth must be on all documents. For those students unable to obtain acceptable proof of immunizations, the Student Health Center will provide the immunizations to all currently enrolled students for a fee. For specific information about required immunizations, visit at Student Health Center website (https://www.csusb.edu/student-health-center/immunizations), or call the Student Health Center at (909) 537-5241. Entering CSU students are required to present proof of the following immunizations to the CSU campus they will be attending before the beginning of their first term of enrollment.

**Measles and Rubella**: All new and readmitted students must provide proof of full immunization against measles and rubella prior to enrollment.

**Hepatitis B**: All new students who will be 18 years of age or younger at the start of their first term at a CSU campus must provide proof of full immunization against Hepatitis B before enrolling. Full immunization against Hepatitis B consists of three timed doses of vaccine over a minimum 4 to 6 months’ period. If you need further details or have special circumstances, please call the Student Health Center at (909) 537-5241.

**Meningitis Information**: Each incoming freshman who will be residing in on-campus housing will be required to return a form indicating that they have received information about meningococcal disease and the availability of the vaccine to prevent contracting the disease and indicating whether or not the student has chosen to receive the vaccination.

The above are not admission requirements, but are required of students as conditions of enrollment in CSU.

**Note**: The CSU anticipates a policy change to the immunization requirements for the 2018-2019 academic year.

**Student Health Advisory Committee**: Students can offer important feedback about services and participate in campus-wide health initiatives through membership on the Student Health Advisory Committee (SHAC). SHAC members work with clinic staff on a variety of critical issues, health education projects, and also act as a liaison between the CSUSB student body and the Student Health Center.

**Student Recreation and Wellness Center (SRWC)**

(909) 537-BFIT Recreation and Wellness website (https://www.csusb.edu/recreation-wellness)

CSUSB Recreation and Wellness offers an exciting array of programs in the areas of Adventure, Aquatics, Fitness and Wellness, Intramural Sports, and Sport Clubs. Additionally, there are informal recreation opportunities with the 38,000-square-foot SRWC, located at the south end of campus. The SRWC features a 34-foot climbing wall, 8,800-square-foot fitness room, multi-purpose athletic court, locker rooms with saunas, and two exercise studios for aerobics, dance, and martial arts classes. There are a number of student employment and leadership opportunities offered within the department. Recreation and Wellness is dedicated to providing a variety of safe and enjoyable programs and facilities to meet the diverse needs of the CSUSB community by creating a healthy social environment, enriching the quality of life and enhancing the educational experience. All enrolled CSUSB students, staff, faculty, and Alumni Association members regardless of age, gender, experience, and ability are welcomed.

**Adventure Program**

CSUSB Adventure encompasses Trips and Equipment Rentals, the Adventure Leadership Program, the Climbing Wall, and the Leadership Challenge Center.

**Trips**

The unique location of the San Bernardino campus within close proximity to the Pacific coastline, the wilderness of Baja, the peaks of the Sierra Nevada Mountains, and the High Desert allows for a wide range of activities. Participants on outings will learn how to safely explore the great outdoors, develop an appreciation and understanding of their natural surroundings, experience personal growth, leadership development, learn teamwork and healthy communication skills, and, of course, have fun. Equipment Rentals include a comprehensive selection of camping, backpacking, snowboarding, kayaking, surfing and climbing equipment and gear for rent at low prices.

**Climbing Wall**

As the centerpiece of the SRWC, a 34-foot climbing wall offers opportunities for beginner and intermediate classes, open climbing, bouldering, and social events; the wall also features an auto belay device. All equipment is provided, and a safety orientation and skills test are offered to participants.
Leadership Challenge Center (LCC)

The LCC programs are designed to help teach participants how to build trust in others, empower participants to develop skills necessary to be part of a healthy community, and increase individual interpersonal skills, social skills, and physical abilities. The Leadership Challenge Center consists of the 50-foot-high structure, as well as low challenge elements built lower to the ground. The team elements section allows teams of two to eight people to work together and support each other in problem solving, as well as an individual/partner portion that emphasizes support and goal setting. The center's programs provide a safe environment that allows participants to step outside their comfort zone, take a risk, learn, and grow.

Aquatics

Take a refreshing swim or get a cardiovascular workout at the Aquatics Center located on the east side of campus behind the Physical Education building. Please bring your Coyote One Card, membership pass, or day pass. The Learn to Swim program for adults and children offers small group and private swim lessons and clinics. Lifeguarding certification courses and Guard Start classes are offered for those interested in becoming a Lifeguard.

Fitness and Wellness

The Group X program provides a way to exercise in a fun and safe environment. There are several formats offered weekly including dance, mind/body, and traditional cardio/conditioning types of classes for all skill levels. Nationally Certified Personal Trainers are available for a complimentary consultation and individual personal training at a reasonable fee to assist with reaching fitness goals. Innovative wellness programs and services are offered to assist in developing optimal health & wellbeing. Using a holistic approach, multiple dimensions of wellness are addressed.

Fitness equipment and services include:

- Treadmills
- Elliptical Trainers
- Recumbent/Upright Bikes
- Steppers
- Olympic lifting platform
- Functional Training Equipment
- Free Weights
- Plate Loaded Equipment
- Heavy/Speed Bags
- Cardio Classes
- Cycling Classes
- Dance Classes
- Instructional Classes
- Mind/Body Classes
- Sculpt Classes
- Fitness Consultations
- Wellness Workshops

Intramural Sports

The Intramural Sports program offers a variety of sport leagues and tournaments for all skill levels and interests. Opportunities are available for participants who want to learn a new sport or for the very competitive players who want to own on-campus bragging rights. Intramural sports leagues are designed for players to enjoy themselves in a safe environment. Sports include:

- Basketball
- Flag Football
- Soccer
- Dodgeball
- Softball
- Volleyball
- Indoor Soccer

Sport Clubs

The Sport Club program promotes student participation in a wide range of competitive and recreational sports. Each sport club is managed and run by student leaders. Sport Club participants not only enjoy the rewards of competition, but also gain skills in collaboration, leadership, problem-solving, and financial management.

Informal Recreation

The Sport Club program promotes student participation in a wide range of competitive and recreational sports. Each sport club is managed and run by student leaders. Sport Club participants not only enjoy the rewards of competition, but also gain skills in collaboration, leadership, problem-solving, and financial management.

University Police

911 for emergencies
(909) 537-5165 for non-emergencies

University Police Department is certified by the California Commission on Peace Officer Standards and Training. The department is a state law enforcement agency which employs 18 sworn police officers and an active support staff for 24-hour protection of the campus community. CSUSB’s peace officers have statewide police authority, and are vested with law enforcement powers and responsibilities, identical to the municipal police or sheriff’s departments in our community. The department provides many services including diligent crime prevention, victim assistance, disaster preparedness, lost & found property, safety escorts, and medical and fire emergency response coordination using a community COP (Campus Oriented Policing) philosophy. The department’s mission and motto is “Campus Safety Through Service.” We believe campus safety is a community effort and remind everyone that if you see something, say something.

CSUSB’s Annual Safety report may be found on the campus homepage (https://www.csusb.edu).

Veterans Success Center

(909) 537-5195 Veterans Success Center website (https://www.csusb.edu/veterans/veteran-success-center)

Since opening in May 2012, CSUSB’s Veterans Success Center (VSC) has built a strong reputation throughout the Inland Empire for offering innovative leadership opportunities and education programs. The center is ranked a top 20 school in the nation by Military Times and as a top military school in the state of California by two top national college guides for veterans. On Nov. 10, 2014, the VSC opened its second location at the CSUSB-Palm Desert Campus to better serve Coachella Valley veterans and dependents. The center’s mission is to provide support
services focused on the special needs and requirements of today's military veterans, service members, and dependents to assist them in transitioning to the university environment and achieving their academic and personal development goals. The VSC is a 1,200-square-foot facility, which houses a computer lab, where student veterans, military members, ROTC cadets, and dependents can work on assignments; a group room for students to congregate between classes and hold study groups; and a lending library, where students can checkout textbooks free of charge. The center offers dynamic programs that are comprehensive in scope and sensitive to the unique needs of service members. Services include new student veterans' orientation, a monthly seminar series, a weekly support group, STEM tutoring, advocacy and referral services, a military veterans writers group, and arts and crafts.