Student Life

Office of the Vice President for Student Affairs

University Hall, Room 231
(909) 537-5185  Student Affairs website (https://studentaffairs.csusb.edu)

The Office of the Vice President for Student Affairs provides administrative leadership within the division and the university to assist students in the attainment of their educational goals. This is accomplished through advocacy for the provision of numerous student services as well as the intentional creation of programs and environments that enhance a student’s learning, leadership potential, personal responsibility, and career development. Specific policies regarding student non-academic and discrimination-related grievances, discipline, and emergency calls for students are administered by this office. A more complete statement on student privacy rights is available in the Academic Regulations and Standards (http://bulletin.csusb.edu/academic-regulations/) section of the Bulletin of Courses.

Activities

The diverse interests and lifestyles of students are reflected in numerous activities sponsored by the university and the Associated Students Inc. (ASI). These programs include dances, drama productions, choral concerts, quarterly festivals, musical concerts, guest lecturers, and small group socials.

The university and ASI encourage and aid the formation of organizations, which enhance the educational opportunities of students. These organizations involve students, faculty, and staff working together in professional, recreational, educational, political, service, religious, and cultural activities. University-recognized groups have full use of campus facilities in planning their programs.

Alumni Association

(909) 537-3700 Alumni Association website (https://www.csusb.edu/alumni/)

All graduates of the university are eligible to join and participate in the activities of the California State University, San Bernardino Alumni Association. Also eligible are those who earn credentials through the university.

As alumni, the association exists to support you in your continued professional, cultural and educational development, further community interests, establish mutually beneficial relationships with the university, continue engagement on campus, and celebrate your accomplishments. Additional information may be obtained from the Alumni Relations Office, including access to exclusive member benefits and events.

Associated Students Inc. (ASI)

(909) 537-5932 ASI website (https://www.csusb.edu/asi/)

We are the recognized voice of the student body, and we represent the interests, needs, and concerns of our students to the campus leadership. We advocate on behalf of the students through the committees on which we serve, the programs and services we support, and student representation at the local, state, and federal levels. Our student leaders have been instrumental in advocating for student-centered policies, nurturing campus and community support, and hosting artists and speakers such as Khalid, Kevin Hart, and Dolores Huerta.

In addition to our representation, we offer the following services:

- **CAB Funding:** The Club Allocation Budget offers funding to chartered campus clubs and organizations for on-campus events. For more information about the process in applying, contact the Vice-President of Finance at asi-finance@csusb.edu or (909) 537-3936.
- **Graphic Design:** The ASI Graphic Design team is made up of talented students who are skilled in providing thoughtful design solutions. Our team offers design services at no cost for chartered student organizations. For more information, call (909) 537-7723.
- **Box Office:** ASI Box Office offers discounted tickets to major theme parks, movie theaters, and other special events for students. The Box Office is located to the right of the ASI Office. For more information, call (909) 537-3936.
- **College Legal Clinic:** The CLC provides free consultations and attorney referrals for CSUSB students. This service is made up of a panel of attorneys specializing in various areas of law including: family, criminal, real estate, bankruptcy, and immigration. For more information or to make an appointment, call (909) 537-5936.
- **Programming:** ASI hosts events to engage students in curricular and co-curricular activities that foster a sense of community and campus pride. For information about upcoming events or to submit event ideas, contact asi-programs@csusb.edu.
- **Scholarships:** As a commitment to academic success, ASI offers scholarships through its general fund as well as to the Athletic and Presidential Academic Scholars programs.

Athletics

(909) 537-5011 Athletics website (http://www.csusbathletics.com/)

CSUSB Athletics began in the fall of 1984 and sponsors 10 sports. It is a member of the National Collegiate Athletic Association (NCAA) Division II and the California Collegiate Athletic Association.

Admission to all home athletic contests is free to CSUSB students with valid student ID. All home contests, except baseball, take place on the CSUSB campus.

The Coyotes are winners of 12 regional championships and 25 conference titles. The Athletics program promotes Champion Student-Athletes, Champion People, and Champion Performance.

Career Center

(909) 537-5250 Career Center website (https://www.csusb.edu/career-center/)

The mission of the Career Center is to support the career readiness of all students and alumni by providing counseling, assessment, workshops, career events, employer networking opportunities, internships, and job opportunities that result in the establishment or advancement of personalized career goals.

Services include:

- **On-Campus Recruitment:** The Career Center hosts more than 300 employers every year. Visits include job fairs, networking, on-campus interviews, workshops, and informational sessions.
• **Handshake**: A free online platform for CSUSB students and alumni that allows users to schedule appointments for career counseling, view and apply for jobs/internships, and access to career development resources.

• **Career Counseling**: Counselors are available to assist you with choosing, changing your major, career exploration, identifying internships, writing a résumé or cover letter, mock interviews, conducting a job search, and graduate school preparation.

• **Hispanic Association of Colleges and University (HACU) Conference**: The Career Center hosts a two-day preconference to prepare students for the annual event and HACU’s award programs.

• **Internships**: We offer two internship awards, Career Center Internship Award and Stand Up for San Bernardino for the academic year, including resources to find on- and off-campus internships year round.

• **Clothing Closet**: The Career Center hosts a clothing closet that provides donated professional attire to students at no cost.

### Community Engagement

(909) 537-7483  
Director, Diane Podolske

**Office of Community Engagement**

Faculty Office Building 228, (909) 537-7483. OCE facilitates service learning, community-based research and volunteer service by engaging students, faculty and community partners in collaborative partnerships that serve the public good. We lead the university-wide culture of community engagement as a high impact practice that contributes to student success.

### Coussoulis Arena

**Special Events**  
(909) 537-7360

Coussoulis Arena is one of the largest indoor facility in the Inland Empire (nearly 4,000 seats), serving Cal State, San Bernardino with quality facilities for the kinesiology classes, Coyote athletic games and practices, student recreational sports programs and university events such as commencement. Additionally, the arena has hosted several special events including:

- Kevin Hart
- Gabriel Iglesias
- Sesame Street Live
- Ja Rule
- Sammy Hagar
- Sugar Ray and Everlast
- The Harlem Globetrotters
- Howie Mandel
- Dr. Maya Angelou
- BB King
- AFI

Students can gain firsthand knowledge and experience by working part-time in the Arena, learning about all aspects of events management from ticketing, marketing, house operations, sound, lighting and production for concerts.

### Department of Housing and Residential Education (DHRE)

(909) 537-4155  
Housing website [https://www.csusb.edu/housing/](https://www.csusb.edu/housing/)

Where you live during college matters! Living on campus at CSUSB is one of the best ways to become involved, be connected to everything CSUSB, and succeed academically! There are numerous benefits to living on campus including convenience, opportunities to develop lifelong friendships, leadership opportunities, and to learn about other cultures. Living on campus provides approximately 1,837 students with an environment that fosters students’ educational and personal success. Students living on campus benefit from being a part of a community of difference makers, and an environment that promotes safety, academic success, and a unique living and learning experience. The Department of Housing and Residential Education also offers many living learning communities.
Four distinct residential Villages at CSUSB comprise on-campus housing for students: Arrowhead Village, Coyote Village, Serrano Village, and University Village.

**Coyote Village (CV)** is the newest addition to CSUSB’s Residential Villages. Opened in September 2017 and housing 407 first-year students, this new, modern residence hall features a community center and community kitchen, Wi-Fi, classrooms, study areas, and so much more! Students living in Coyote Village will experience a residential setting comprised of double rooms and study rooms on each floor. Coyote Village is also home to two Faculty-in-Residence, as well as the Honors Living Learning Community.

**Serrano Village (SV)** is CSUSB’s historical housing, designed for first-year students who are interested in living on campus as part of their overall transition to college life. Serrano Village offers students traditional-style double and single rooms with community restrooms. Each residence hall has a lobby area with a TV, a common kitchen area, a study room, WiFi, and laundry facilities.

**Arrowhead Village (AV)** offers upper-class Coyotes a more independent style of living. AV offers studio apartments, as well as two-bedroom and four-bedroom apartments. Each apartment includes a furnished living room (with the exception of studios) and bedroom, and a full kitchen. AV also includes study rooms and lounge areas. Each building is accessible for individuals with disabilities and equipped with elevators. Laundry facilities are available to AV residents. Arrowhead Village is also home to two Faculty-in-Residence.

**University Village (UV)** is considered CSUSB’s premier living community for upper-class students. University Village offers four-bedroom and two-bedroom apartments, as well as a limited number of four-bedroom, four-bathroom apartments. Each apartment is equipped with a furnished living room and full kitchen. Each building also has an elevator and is accessible for individuals with disabilities. Laundry facilities are also located on each floor. University Village is also home to two Faculty-in-Residence.

Students living on campus enjoy the benefits of high-speed internet and digital, streaming cable. Students living on campus have access to Village Square, which features a large-screen TV, game tables, an ice machine, two hydration stations, and lounge and meeting space. Outdoor amenities include barbecue grills, patio seating, volleyball court, sun deck, and swimming pools. Residents also have access to the UV Community Center, which features a large screen TV, game room, fitness center, computer room, conference rooms, and study areas. Outdoor recreation in University Village includes barbecue grills, patio seating, sun deck, and a swimming pool. All amenities are available for residents to relax, hang out, and meet with friends.

Living in the Villages at CSUSB is cost efficient! Students living on campus do not pay for internet, cable, water, or utilities. Students living on campus also have the advantage of priority registration and reserved parking near their Village. Residents are also just a short walk from the Pfau Library, the Santos Manuel Student Union, Coyote Commons dining, and so much more.

Residents of The Villages also have exciting leadership and volunteer experiences, including being a part of Residence Hall Association (RHA) and Village Council. The Residence Hall Association is an elected student body composed of students who live on campus and represent the interests of campus residents and organize exciting activities for students. Village Council is the student voice of each Village and works to address important issues in the community as well as providing positive events for students. Each year, an RHA and Village Council offer a variety of opportunities to help make living on campus an exciting experience - movie nights, hall competitions, pancake breakfasts, trips, and study break activities are among the many popular programs sponsored by RHA.

The Residential Education team is available 24 hours a day to assist students with safety and emergency needs. This team includes Resident Assistants, Academic Mentors, Program Coordinators, and Hall Coordinators who live in Arrowhead, Coyote, Serrano, and University Village. These undergraduate staff members have been trained to assist students with safety, community, and academic needs, and are an important part of the overall campus housing experience. Each Village is led by an Area Coordinator of Residential Education, or ACORE. Directly responsible for a specific Village, each ACORE lives on campus and provides immediate support for the residents of each Village. These trained professionals bring extensive skills and experiences to CSUSB.

Rates for the 2018-19 academic year can be found by visiting the DHRE website at www.csusb.edu/housing (http://www.csusb.edu/housing). Rates for 2019-20 will be finalized soon. All rates are based on September through June. Spaces are assigned on a per-bed basis rather than per-apartment, so students are responsible for additional rent should one or more roommates move out. The DHRE team seeks to make financial arrangements as convenient as possible for students and partners with the Office of Financial Aid and Scholarships. Please visit their offices at www.csusb.edu/financial-aid (http://www.csusb.edu/financial-aid). Students are encouraged to apply for housing as soon as possible to ensure reserving a spot for 2019-20!

**Office of Ombuds Services**

PL-268

(909) 537-5635 Ombuds website (http://ombuds.csusb.edu)

The term “Ombuds” is a Swedish word which refers to the people’s representative. The office of Ombuds Services is a confidential, independent, impartial, and informal resource for students, faculty, staff, and community. Services include assisting with conflict resolution, disputes, and complaints, exploring options, facilitating communication between parties in various ways, providing information on policies or procedures and making referrals to other resources which may be helpful. The Ombuds Officer’s goal is to seek constructive and equitable outcomes for any university related concern. The service is provided free of charge and works in cooperation with campus constituencies to help resolve issues.

**Orientation and First Year Experience (OFYE)**

(909) 537-5233 Orientation (https://www.csusb.edu/orientation/) website (http://orientation.csusb.edu/SOAR/)

The Orientation and First Year Experience (OFYE) Office is responsible for developing and implementing welcome and transition programming for newly admitted freshmen and transfer students and their family members. Orientation offers dynamic programming for freshmen and transfer students in order to equip them with the information needed to better manage their transitions to the university and help set them up for student success here at CSUSB. These transition programs prepare students for academic success, provide knowledge of university resources, encourage involvement in student activities, and help build meaningful relationships. Each orientation program is designed to minimize anxiety and to promote
positive attitudes about student success at the university. In addition, the OFYE Office coordinates the Ask Me Campaign, New Student Convocation, and the Re-Connect programs.

In addition, the OFYE Office assists in the transition of parent and family members by offering parent and family orientation programs. This program provides information for parents and families to best support their students throughout their college experience.

There are also great leadership opportunities for students available with OFYE to serve as student Orientation Leaders and help with a new student’s transition into the Coyote family. OFYE recruits and trains about 50 - 60 students to be Orientation Leaders. Applications are available in fall quarter and training is in spring quarter with the majority of work happening during the summer. Once classes begin, the programming doesn’t stop. There are a number of first-year experience programs students can partake in to enhance their university experience.

**Santos Manuel Student Union (SMSU)**

(909) 537-5940 SMSU website ([https://www.csusb.edu/smsu/](https://www.csusb.edu/smsu/))

The Santos Manuel Student Union (SMSU) is a safe space for all Coyotes to gather, relax, grab food, study, and be active in the student community.

The SMSU Resource Centers and departments are:

**Administration** provides support in the areas of accounting and human resources for the Santos Manuel Student Union.

**Board of Directors** ensure that the SMSU serves the needs of the campus. Join the Board and get involved by calling Administration at (909) 537-7201.

**Cross Cultural Center** houses:

- **Asian American Pacific Islander Center** is dedicated to creating leadership opportunities for the Asian American Pacific Islander students and community.
- **First People’s Center** supports the academic achievement, traditional heritage, and personal success of Native American students including recruitment of prospects, retention, and graduation.
- **LatinX Center** strives to provide leadership and build community through programs that enhance culture, advocacy, and customs to continue efforts of recruitment, retention, and graduation of Latino/a students.
- **Pan-African Center** promotes a sense of belonging and community while focusing on developing the academic excellence, cultural awareness, and civic engagement of people of the African Diaspora.
- **Interfaith Center** is a welcoming space for students of all faiths to study, host meetings, and relax between classes.
- **Marketing Department** offers a wide variety of graphic design and photo/video services to various on-campus and off-campus entities.
- **Operations** keep everything in the SMSU running at the highest degree of excellence.
- **Osher Adult Re-Entry Center** focuses on the unique lifestyles non-traditional/adult re-entry student learners face upon returning to or entering school.

**Program Board** promotes a sense of community at CSUSB through free, exciting, and entertaining events. Sign-up to be a volunteer to help coordinate and market events in SU-206 today!

**Queer and Transgender Resource Center** is an inclusive environment for all university community members, including lesbian, gay, bisexual, transgender, queer, questioning, and intersex students and their allies.

**Rancho Mirage Student Center** is the social hot-spot for the Palm Desert campus (PDC), providing services, facilities, educational and social programs to enhance the quality of university life.

**Scheduling Services** offers everything you need to host your small or large scale event at an affordable price.

**Women’s Resource Center** provides a variety of programs focusing on current issues that affect the lives of women, such as sexism and feminism. All are welcome!

All of our centers have welcoming environments and provide resources free to our students, including snacks, beverages, school supplies, and personal care items. They also host events tailored to your specific student needs and interests.

We have **Yotie Drinkz**, assorted dining options, and a convenience store. We also have a fully-operational SMSU Theater for movie showings and live performances, a state-of-the-art **Events Center** where large scale events are hosted, and a **Gamer’s Lounge** where you can play video games, pool, and board games.

Whether you are taking a break in between classes or just want a great place at CSUSB to hang out, the SMSU is here for you!

**Services to Students with Disabilities (SSD)**

University Hall, Room 183
(909) 537-5238, TTY (909) 537-7230
Fax: (909) 537-7090, Email: ssd@csusb.edu
Services to Students with Disabilities website ([https://www.csusb.edu/ssd/](https://www.csusb.edu/ssd/))

The Office of Services to Students with Disabilities (SSD) strives to empower students with disabilities by fostering skills such as self-advocacy, resourcefulness, and independence. The SSD office works collaboratively with the campus community to remove barriers promoting an enriched learning environment where students with disabilities can utilize their skills and pursue their academic and personal development goals.

SSD provides academic accommodations to students who have a documented permanent or temporary disability. All students, registered with the office, are afforded an equal opportunity to participate in university programs, services, and activities.

Some of the support services available include alternate media, notetaking, smartpens, sign language interpreting and real-time captioning for the deaf and hard-of-hearing, test-taking accommodations, priority registration, cart transportation, line pass, and temporary medical parking permits. The office also offers voter registration services for enrolled students. The SSD office is a resource for faculty and staff members who help students with disabilities meet their educational objectives.

SSD, in collaboration with the California Department of Rehabilitation (DOR), provides the WorkAbility IV program at CSUSB. WorkAbility
IV facilitates career opportunities for CSUSB students with disabilities that are enrolled with DOR. Knowledgeable staff assists students with résumé writing and cover letter development; job search skills, strategies, and resources; preparation for job fairs and interviews; networking and personal brand development; internships; job leads and placements; and Federal employment advising (Schedule A and Workforce Recruitment Program).

Both prospective and new students to the university are encouraged to contact SSD and WorkAbility IV early in their CSUSB academic program.

Office of Student Engagement
Santos Manuel Student Union, Room 203
(909) 537-5234 Office of Student Engagement website (https://www.csusb.edu/student-engagement/)

Student Clubs and Organizations
CSUSB is home to more than 160 student clubs and organizations that offer a wide range of roles and responsibilities. Clubs and organizations provide ready-made laboratories for students to strengthen their leadership skills and opportunities to test classroom learning in a real-world setting. They create their very own experiment with different roles, which help identify strengths, weaknesses, and preferences. Academic, cultural, faith based, service, and special interest organizations are just a few examples of the types of clubs available to students. Membership in a club or organization is an excellent way to enjoy all the benefits that college life has to offer and to help students find their community. Students will learn how to lead an organization, manage effective meetings, and conduct elections, as well as develop communication, mediation, and public-speaking skills.

Fraternity and Sorority Life
Greek Life (http://studentleadership.csusb.edu/greekLife/) is a great way to get involved on campus. CSUSB is home to 22 national fraternities and sororities. The fraternity and sorority community at California State University, San Bernardino has had a long rich history dating back to 1986. Since that time they have had a continued and active presence on campus. The University is supportive of the goals and ideals of the fraternity and sorority community, which complement the mission of the institution. These ideals include academic achievement, personal development, leadership, campus involvement, community service and civic responsibility, and responsible social conduct. In addition to the fraternities and sororities on campus, governing councils and Greek Honor Societies exist to foster relationships between the organizations and set high scholarship standards.

National Student Exchange Program
National Student Exchange (NSE) offers study opportunities at over 200 diverse university settings across the US, US territories, and Canada and provides access to a wide array of courses and programs. Program benefits include academic, cultural, and personal experiences that will enhance the student’s undergraduate education. NSE options include exchange among university honors and residential life programs, as well as access to internships, research options, and service learning opportunities of member campuses. NSE features a tuition reciprocity system that allows students to attend their host institution by paying either the in-state tuition/fees of their host institution or the normal tuition/fees here at Cal State San Bernardino. NSE students can exchange for a single term or a full academic year. Course work completed while on exchange at the host campus is brought back to the home institution and credited to the student’s degree program.

For more information on campus activities and involvement opportunities visit Coyote Connection csusb.edu/coyote-connection

Campus Activities
• Club Fair
• Commuter Cinema
• Engagement Expo
• Fraternity / Sorority Informationals
• Greek Week
• Laughing Coyote
• Leadership Symposium
• Social Justice Summit

Involvement Opportunities
• Clubs and Organizations
• Commuter Transfer Connection
• Fraternities & Sororities
• Leadership Programs
• National Student Exchange

Student Conduct and Ethical Development (SCED)
University Hall, Room 346
(909) 537-7172, Email: student-conduct@csusb.edu
Student Conduct and Ethical Development website (https://www.csusb.edu/student-affairs/student-conduct/)

The Office of Student Conduct and Ethical Development is responsible for upholding the Standards for Student Conduct and educating students on their social and ethical responsibilities as members of our University community. Student Conduct Administrators facilitate educational conversations, experiences, and programs that promote student success, enhance learning experiences, and seek to engage students in intentional ways with their communities. The staff comprising the Office of Student Conduct and Ethical Development are committed to ensuring students have safe and healthy living and learning environments in which they are able to engage in campus life, interact with people who have a variety of beliefs and lived experiences, and participate in activities that encourage growth and curiosity, as well as scholarly and creative activity. Being a part of the Coyote community includes responsibilities for students to safeguard the academic mission of the institution; abide by federal, state, and local laws; and uphold the Standards for Student Conduct, University policies, and regulations to maintain a culture of integrity both in and out of the classroom.

The Office of Student Conduct and Ethical Development responds to a variety of behavioral concerns, including academic dishonesty and behavioral complaints. Program staff are also available as a resource for consultation and to provide educational workshops or presentations upon request.

Copies of the Standards for Student Conduct and Student Conduct Procedures are available online (https://www.csusb.edu/student-affairs/student-conduct (https://www.csusb.edu/student-affairs/student-conduct/))
or via the Office of Student Conduct and Ethical Development, University Hall, Room 346.

Student Health Center (SHC)

Accredited by the Accreditation Association for Ambulatory Health Care, Inc. (AAAHC)

Mission Statement: The CSUSB Student Health Center supports students' academic success by providing high quality accessible health and psychiatric care as well as health education and wellness services in a safe, confidential and compassionate environment.

Your wellness matters to us. Consultations with our staff of providers, psychiatrists and nurses are free and confidential (consultations by appointment). The SHC provides first aid and basic out-patient care services. We have a full time staff Monday through Friday to care for your needs. We are staffed with Doctors, Psychiatrists, Physician Assistants, Nurse Practitioners, Nurses, Medical Assistants, Pharmacists, and Health Educators. Our medical services include limited primary and psychiatric care, immunizations, nursing care and health education. Our psychiatric services are limited to psychiatric medication evaluation and management. First aid is always available during clinic hours to anyone on campus. For major illnesses, injuries requiring a specialist or hospitalization, or services that are considered beyond the scope of the SHC, students are referred to a local community health facility. It will be the student's responsibility to pay the costs associated with the referral to the outside provider. Though not a condition of enrollment, it is important to carry health insurance. All enrolled students at CSUSB pay a Student Health Fee and are eligible for health services at the Student Health Center and counseling services at Counseling and Psychological Services.

Office hours are:

Monday through Thursday: 8:00 a.m. - 5:00 p.m. · Friday: 9:00 a.m. - 5:00 p.m.

The Student Health Center is closed on official university holidays. Summer hours may vary.

In case of an on-campus emergency, dial 911.

CSU Immunization Requirements and Screenings

Immunization requirements are not admission requirements, but are required of students as conditions of enrollment in the CSU.

Entering CSU students are required to present proof of the following immunizations to the CSU campuses they will be attending before the beginning of their first term of enrollment: A.) Measles, Mumps, and Rubella (MMR), B.) Varicella (Chickenpox), C.) Tetanus, Diphtheria and Pertussis (Tsdap), D.) Meningococcal conjugate (Serogroups A, C, Y, W-135), and E.) Screening and Risk Assessment for Tuberculosis (TB).

In addition to these required vaccines and screenings, the Center for Disease Control and Prevention (CDC) and California Department of Public Health (CDPH) strongly recommends several additional vaccinations. Vaccinations, screening requirements, recommendations, and immunization schedules are on the Office of the Chancellor's website (http://www.calstate.edu/EO/EO-803-revised.html). (http://bulletin.csusb.edu/shared/health_center_csu_immunization_requirements_admission/ www.calstate.edu/immunizations/)

Campus implementation of the required immunizations and screenings shall include provisions for exemptions based on medical considerations only.

Your MyCoyote account will be updated and a hold will be placed if your proof of immunization has not been received by the Student Health Center. For more information, and to find out about additional recommended immunization and screenings, please visit the Student Health Center website (https://www.csusb.edu/student-health-center/).

Student Health Advisory Committee: Students can offer important feedback about services and participate in campus-wide health initiatives through membership on the Student Health Advisory Committee (SHAC). SHAC members work with clinic staff on a variety of critical issues, health education projects, and also act as a liaison between the CSUSB student body and the Student Health Center.

Student Recreation and Wellness Center (SRWC)

(909) 537-BFIT Recreation and Wellness website (https://www.csusb.edu/recreation-wellness/)

CSUSB Recreation and Wellness offers an exciting array of programs in the areas of Adventure, Aquatics, Fitness and Wellness, Intramural Sports, and Sport Clubs. Additionally, there are informal recreation opportunities with the 38,000-square-foot SRWC, located at the east end of campus. The SRWC features a 34’ climbing wall, 8,800-square-foot fitness room, multi-purpose athletic court, locker rooms with saunas, and two exercise studios for aerobics, dance, and martial arts classes. There are a number of student employment and leadership opportunities offered within the department. Recreation and Wellness is dedicated to providing a variety of safe and enjoyable programs and facilities to meet the diverse needs of the CSUSB community by creating a healthy social environment, enriching the quality of life and enhancing the educational experience. All enrolled CSUSB students, staff, faculty, and Alumni Association members regardless of age, gender, experience, and ability are welcomed.

Adventure Program

CSUSB Adventure encompasses Trips and Equipment Rentals, the Adventure Leadership Program, the Climbing Wall, and the Leadership Challenge Center.

Trips

The unique location of the San Bernardino campus within close proximity to the Pacific coastline, the wilderness of Baja, the peaks of the Sierra Nevada Mountains, and the High Desert allows for a wide range of activities. Participants on outings will learn how to safely explore the great outdoors, develop an appreciation and understanding of their natural surroundings, experience personal growth, leadership development, learn teamwork and healthy communication skills, and, of course, have fun. Equipment Rentals include a comprehensive selection of camping, backpacking, snowboarding, kayaking, surfing and climbing equipment and gear for rent at low prices.

Climbing Wall

As the centerpiece of the SRWC, a 34’ climbing wall offers opportunities for beginner and intermediate classes, open climbing, bouldering,
and social events; the wall also features an auto belay device. All equipment is provided, and a safety orientation and skills test are offered to participants.

**Leadership Challenge Center (LCC)**

The LCC programs are designed to help teach participants how to build trust in others, empower participants to develop skills necessary to be part of a healthy community, and increase individual interpersonal skills, social skills, and physical abilities. The Leadership Challenge Center consists of the 50-foot-high structure, as well as low challenge elements built lower to the ground. The team elements section allows teams of two to eight people to work together and support each other in problem solving, as well as an individual/partner portion that emphasizes support and goal setting. The center’s programs provide a safe environment that allows participants to step outside their comfort zone, take a risk, learn, and grow.

**Aquatics**

Take a refreshing swim or get a cardiovascular workout at the Aquatics Center located on the east side of campus behind the Physical Education building. Please bring your Coyote One Card, membership pass, or day pass. The Learn to Swim program for adults and children offers small group and private swim lessons and clinics. Lifeguarding certification courses and Guard Start classes are offered for those interested in becoming a Lifeguard.

**Fitness and Wellness**

The Group X program provides a way to exercise in a fun and safe environment. There are several formats offered weekly including dance, mind/body, and traditional cardio/conditioning types of classes for all skill levels. Nationally Certified Personal Trainers are available for a complimentary consultation and individual personal training at a reasonable fee to assist with reaching fitness goals. Innovative wellness programs and services are offered to assist in developing optimal health & wellbeing. Using a holistic approach, multiple dimensions of wellness are addressed.

Fitness equipment and services include:

- Treadmills
- Elliptical Trainers
- Recumbent/Upright Bikes
- Steppers
- Olympic lifting platform
- Functional Training Equipment
- Free Weights
- Plate Loaded Equipment
- Heavy/Speed Bags
- Cardio Classes
- Cycling Classes
- Dance Classes
- Instructional Classes
- Mind/Body Classes
- Sculpt Classes
- Fitness Consultations
- Wellness Workshops

**Intramural Sports**

The Intramural Sports program offers a variety of sport leagues and tournaments for all skill levels and interests. Opportunities are available for participants who want to learn a new sport or for the very competitive players who want to own on-campus bragging rights. Intramural sports leagues are designed for players to enjoy themselves in a safe environment. Sports include:

- Basketball
- Flag Football
- Soccer
- Dodgeball
- Softball
- Volleyball
- Indoor Soccer

**Sport Clubs**

The Sport Club program promotes student participation in a wide range of competitive and recreational sports. Each sport club is managed and run by student leaders. Sport Club participants not only enjoy the rewards of competition, but also gain skills in collaboration, leadership, problem-solving, and financial management.

**Informal Recreation**

The hours of the SRWC are designed to meet the demands of the busy lives of students and members with several opportunities from the early opening hours until the late evening. When there is not organized play in the gymnasium or group exercise rooms, drop-in use is allowed. Members can meet up with friends to shoot hoops or practice their hip-hop or martial arts skills. Informal recreation hours are posted outside of each of the three available rooms.

**The Obershaw DEN - Delivering Emergency Nourishment for CSUSB Students**

(909) 537-FOOD

The Obershaw Den, located in the Faculty Office Building 237, currently assists enrolled CSUSB students who face food insecurity, including undergraduate, credential, graduate, and doctoral students. As it has become increasingly difficult for students to juggle the costs associated with obtaining a degree, the Obershaw Den was established to provide emergency food relief to help students at CSUSB. Weekly bags of food, hygiene items, as well as referrals to community resources, are available at The Obershaw Den. Food kits created by The Den are also available at various offices throughout the CSUSB campus. Please contact us at (909) 537-FOOD.

**University Police**

911 for emergencies

(909) 537-5165 for non-emergencies

University Police Department is certified by the California Commission on Peace Officer Standards and Training. The department is a state law enforcement agency which employs 19 sworn police officers and an active support staff for 24-hour protection of the campus community. CSUSB’s peace officers have statewide police authority, and are vested with law enforcement powers and responsibilities, identical to the municipal police or sheriff’s departments in our community. The department provides many services including diligent crime prevention, victim assistance, disaster preparedness, lost & found property, safety escorts, and medical and fire emergency response coordination using a community COP (Campus Oriented Policing) philosophy. The department’s mission and
motto is "Campus Safety Through Service." We believe campus safety is a community effort and remind everyone that if you see something, say something.

CSUSB’s Annual Safety report may be found on the campus homepage (https://www.csusb.edu/).

Veterans Success Center

(909) 537-5195 Veterans Success Center website (https://www.csusb.edu/veterans/veteran-success-center/)

Since opening in May 2012, the Veterans Success Center (VSC) at CSUSB has built a strong reputation throughout the Inland Empire for offering innovative leadership opportunities and education programs. The center is ranked as 21 in the nation by Military Times and as a top military school in the state of California by three top national college guides for veterans. On Nov. 10, 2014, the VSC opened its second location at the CSUSB Palm Desert campus to better serve Coachella Valley veterans and dependents. The center’s mission is to support former, current, and future service members of the United States Armed Forces and their dependents with the transition from higher education to career, navigation through their academic experience, and celebration of their service and achievements, by offering high-quality support services, resources, and events.

The VSC is a 1,500-square-foot facility, which houses a computer lab, where student veterans, military members, ROTC cadets, and dependents can work on assignments; a group room for students to congregate between classes and hold study groups; and a lending library, where students can checkout textbooks free of charge. The center offers dynamic programs that are comprehensive in scope and sensitive to the unique needs of service members. Services include the School Certifying Official for education benefits, academic advising, new student veterans’ orientation, a monthly seminar series, a weekly support group, tutoring, IT services, advocacy and referral services, a military veteran’s writers group, arts and crafts, and much more.